



The Ultimate Home Office Setup Checklist

Enhance Productivity, Comfort, and Organization

Ergonomic Furniture

- Adjustable chair with lumbar support
- Adjustable desk (sit-stand recommended)
- Ergonomic keyboard and mouse
- Monitor stand or adjustable arm
- Footrest (optional for long hours)

Productivity Boosters

- Desk lamp with adjustable brightness
- Noise-cancelling headphones
- Planner or digital task organizer
- Cable management system
- Desktop organizer or trays

Tech Accessories

- High-quality webcam
- Headset with microphone
- Docking station / USB hub
- Extra monitor (if multitasking)
- Laptop stand for better posture

Organization & Wellness

- File storage (cabinet, shelves, or bins)
- Anti-fatigue mat (if standing desk)
- Plants or greenery for mental wellness
- Adjustable monitor arms
- Comfortable lighting for reduced eye strain

Bonus Tips

- Keep essentials within reach
- Declutter workspace weekly
- Personalize your space for motivation
- Review and upgrade accessories periodically